

Kalos ACADEMY

Our **no-cost** services empower students from first-generation and low-income backgrounds to thrive in college and beyond

OUR MENTORING MODEL



KALOS MINI-ACADEMIES

Our research-based mentoring model pairs teams of mentors and students who discuss college life and learning together. Through weekly activities, they form community bonds and an always-there network of support.



ONE-ON-ONE MENTORING

Students also receive a primary mentor. Weekly meetings, texts, and social media contact build bonds of trust. Mentors are trained in the hidden curriculum to provide individualized support.

REVEALING THE HIDDEN CURRICULUM



ACADEMIC EXPECTATIONS

Kalos trains mentors as “learning consultants” who teach students to identify the goals of a course, exam, or paper, and to interpret professors’ unstated expectations. Teams of consultants specialize in STEM and writing-based classes.



INSTITUTIONAL PROCESSES

Kalos teaches students to navigate institutional barriers like financial aid, course registration, major selection, office hours, and self-advocacy. We also assist with professional development and transfer and graduate school applications.



COLLEGE LIFE CHALLENGES

From handling stress to time management to personal finance, Kalos teaches strategies for navigating college life. Mentees are also equipped to address peer expectations surrounding money and status.

HAVE YOUR STUDENTS SIGN UP TODAY!

www.kalosacademy.org/student-services

Questions? Email info@kalosacademy.org

